

4-H FAMILY NOTEBOOK

THIS BOOK BELONGS TO

THE _____ FAMILY

OUR CLUB IS THE _____ 4-H CLUB

WE MEET THE _____ OF EACH MONTH

AT _____
(TIME AND PLACE)



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WHAT IS 4-H?

4-H is an out-of-school, volunteer-led, family oriented program.

4-H is for everyone 7 to 19 years old.

4-H is for everyone, regardless of race, color, national origin, sex, or handicap.

HOW YOUR CHILDREN WILL BENEFIT.

Through the eyes of a youngster a 4-H'er will:

- * Learn, make, or do things that appeal and are meaningful to them.
- * Make friends, belong to a group, and give and receive acceptance and affection.
- * Have a good time, which makes learning appealing and enjoyable.

Through the eyes of an adult each 4-H'er will one day become a contributing and caring adult to his/her community because of the knowledge and life skills they learned in 4-H. These youngsters will learn how to:

1. Develop an inquiring mind and a desire to learn.
2. Make decisions and solve problems.
3. Relate to and work with other people.
4. Develop a concern for their community and the people in it.
5. Build their self-confidence.



“TO MAKE THE BEST BETTER”

4-H PLEDGE

I pledge

My **head** to clearer thinking,

My **heart** to greater loyalty.

My **hands** to larger service,

And

My **health** to better living,

For my club, my community,

My country, and my world.

EMBLEM

The 4-H emblem is the four-leaf clover with the letter “H” on each leaf. The “H” stands for Head, Heart, Hands, and Health.

COLORS

The 4-H colors are green and white. Green symbolizes nature’s most common color and represents life, springtime, and youth. White symbolizes purity.

4-H YEAR

A new 4-H year starts October 1 each year and ends September 30 of the following year.

AGE FOR MEMBERSHIP

4-H membership in Graham County is open to **all** boys and girls when they become 7 years of age and have not passed their 19th birthday by January 1 of the current year.

4-H AGE

Some events require age limits. In that case, 4-H age is determined as of January 1 of the current year.

WHEN TO JOIN 4-H

Most youngsters inquire about joining 4-H in August and September. They are given an enrollment card in September and are asked to fill it out and bring it back to the club’s October meeting. The new 4-H year begins October 1. By starting in the fall, they keep up on club activities, project lessons, and make themselves eligible for several 4-H awards and activities that have deadline dates.

PRIMARY OBJECTIVE OF 4-H

The basic philosophy in 4-H is to strengthen the mental, physical, moral, and social development of boys and girls. The main objective is the development of boys and girls through participation in projects, events, and various activities. This will help them become better citizens and leaders.

4-H is intended to supplement, not replace, the primary educational institutions...namely the school, church, and home.

PARENTS MAKE THE DIFFERENCE IN 4-H

Parents and families are the strength of our 4-H program. Youth join 4-H to belong, to do things with their friends, to meet new friends, to have fun, to be recognized as a person, and to achieve. It is much easier for a youth to succeed in 4-H and to continue to grow when they have the support and understanding of their parents. Leaders can do only so much; they must have the support of parents.

Parents are very important to the success a child may have in the 4-H program.
Parents are encouraged to attend monthly meetings and project meetings with their child.
All county wide events are open and parents are encouraged to attend.

The key role of parents is the support they give to their children; support the child in the commitment they make, help them think through decisions, and see that they reach their goal.

WHERE DO PARENTS FIT IN?

Good youth programs do not just happen. It takes the combined efforts of parents, youth leaders, and professionals to have a successful 4-H program. In 4-H, we have a team...a 4-H team which contributes to the positive development of boys and girls. Parents are partners on this 4-H team, and to have a successful 4-H program, parents must be regular players.

Research and experience have shown that parental participation in 4-H has many benefits. These include:

- * 4-H'ers do better work when they receive more personal attention from parents and leaders.
- * Family units are strengthened when parents and children participate together in areas of common interest.
- * 4-H Clubs become more active and stronger when parents take an active role in 4-H.

WHERE PARENTS FIT IN? (continued)

Here are some of the ways you can support your child in the 4-H program.

- * Learn what 4-H is all about and keep informed on what is going on.
- * Exhibit a genuine interest in 4-H and your child.
- * Attend meetings and 4-H activities with your child, and encourage your child to participate in 4-H events.
- * Make 4-H a priority in your home – read the 4-H mail which comes to you, and mark your calendar for 4-H activities.
- * Provide encouragement and help in their project work with record keeping, demonstrations, judging, and completion of attempted work – without doing the work yourself.
- * Provide transportation for members to local club meetings and activities and county-wide activities and events.
- * Provide a meeting place for project group. Assist leaders by providing refreshments or other help.
- * Volunteer to be a project leader.



THE BACKGROUND OF 4-H

WHY AND WHEN DID 4-H ORIGINATE?

4-H work, as we know it, began around 1900 as a means of reaching parents with improved farm and home practices. American farmers had experienced poor economic times for 30 years. It was risky business for them to try a new recommended farm practice. In 1902, a few midwestern school teachers developed some crop demonstrations with the students who in turn shared their successes with their parents.

These school projects developed small groups covering a single topic such as beef, corn, gardening, and canning. By 1909 some were called 3-H clubs and in 1905 the name 4-H was finally adopted.

There were corn, poultry, and garden clubs in Kansas as early as 1905. The first county agents were hired about 1915 and the first Kansas state 4-H leader was hired in 1916.

HAVE 4-H OBJECTIVES CHANGED SINCE ITS EARLY DAYS?

Yes! Starting with “teach improved practices for farmers and homemakers through their children” idea, the War followed with the “food for victory” theme. Following the war, the “keep them on the farm” objective was foremost on people’s minds. Food production was emphasized again during World War II.

Today the objective is the development of boys and girls, providing a wide variety of learning opportunities in which all youth can participate. 4-H since its beginning was for all kids, whether they live in the city or in the country.

WHO IS RESPONSIBLE FOR THE ADMINISTRATION OF THE 4-H PROGRAM?

Kansas State Research and Extension – the Cooperative Extension Service is a “cooperative” arrangement with the United States Department of Agriculture, the land-grant colleges (in our state Kansas State University), and the county extension councils. All this was established by the Smith-Lever Act of 1914. It is an “extension” of the land-grant college. Its service is “education”.

The extension service is in charge of carrying up-to-date information from research to the people of the state and bring back to the university those problems that can be solved by careful study.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service dedicated to a safe, sustainable, competitive food and fiber system and to strong, healthy communities, families and youth through integrated research, analysis and education. The county extension councils hire college trained agents for positions in agriculture, family and consumer sciences, and 4-H and youth to plan and conduct the educational programs in the county.

These programs are successfully planned and implemented with a staff of volunteers who serve on a variety of committees. It is not uncommon to find 4-H volunteers who prefer to serve directly with youth while others prefer working in more managerial roles. New adults to the program are recruited for the knowledge and skills they can bring to a specific phase of the 4-H program.

WHO'S WHO IN 4-H

LOCAL CLUB LEVEL

- 4-H member – Any child 7-19 years of age who fills out an enrollment card and meets the club requirements.
- Organizational Leader – A volunteer who is responsible for the organizational part of the club.
- Project Leader – A volunteer who helps to teach kids the projects. This person is often a 4-H parent who agrees to help with a project. It may also be a junior leader or a person from the community who has knowledge in a particular subject matter area.
- Project – A learning experience for the 4-H member. Each member must take at least one project, complete the record book for the project, and take an exhibit to the county fair.
- Junior Leaders – A 4-H member who is 12 years of age and is enrolled in the junior leadership project. They take an active part in helping the younger members in the club. By doing this, they grow, mature, and learn leadership skills.
- Parent's Committee – This committee is made up of 3-5 parents of club members. Duties will vary from club to club, but their basic responsibilities are: to give parental input into the 4-H club program in the planning stages, recruit and orient project leaders and/or community club leaders, and assist the club leader at his/her request.
- Parents – They are most important to the success a child will have in the 4-H program. Parents are encouraged to attend monthly meetings and project meetings with their child. **All county wide events are open and parents are encouraged to attend.**

COUNTY LEVEL

- 4-H Council** – 4-H clubs each have 4 representatives in this group. They meet 6 times a year. The group plans 4-H activities and events that take place on a county wide basis.
- 4-H Program Development Committee (PDC)** – This group is an elected body of 6 people elected at large from Graham County. They are responsible for the program direction on a county wide basis. They implement and help to carry out new programs and suggest improvements. They meet several times throughout the year.
- Extension Agents** – They are the professionals who help to carry out the 4-H PDC's objectives. Our county has 2 agents – a Family and Consumer Science Agent and an Agriculture Agent. Together they work with the county 4-H program. The Extension Office is located in the courthouse. The phone number is 785-421-3411.

HOW 4-H OPERATES

4-H is a group of boys and girls that learn by doing. Adult leadership is a vital factor in this process of growing and learning.

Some 4-H clubs are small with four or five youngsters and one to two adult volunteers. These clubs tend to work on one project at a time. Other 4-H clubs are larger. Some clubs have grown to 50 or more 4-Hers.

Many large 4-H clubs meet monthly to handle their business affairs, programs, and recreation. When it is time to learn, make, or do something like a project (dogs, clothing, photo, etc.) the 4-H'er attends separate project meetings that relate to the projects.

THERE ARE FIVE KEY STEPS TO SUCCESSFUL 4-H CLUBS.

1. **Getting Acquainted:** this is especially important for younger and new 4-H'ers and generally needs to happen at every meeting with some sort of get acquainted activity.
2. **Deciding what to do:** this happens at the beginning of the 4-H year and whenever a group or committee gets together. 4-H'ers decide what projects to work on (with parent involvement).
3. **Action:** this is when things happen. It is the meeting, tour, picnic, camp, or making something. In other words, they learn by doing.
4. **Measuring progress:** this can happen at every meeting when 4-H'ers talk about what they have learned, made, or done. 4-H records are a good tool for the 4-H'ers to measure their progress.
5. **Celebration:** this is helping 4-H'ers feel good about what they have done. This could be a party or an achievement night. Telling someone face to face is very effective.



4-H CLUB MEETINGS

The 4-H club meeting is an important part of any 4-H club. Most clubs hold a regular monthly meeting, normally on the same night each month (such as the 2nd Tuesday or 3rd Wednesday).

All 4-H members are expected to attend these monthly meetings. Because 4-H is a family affair, parents are encouraged to attend and become a vital part of the club.

Meetings will generally run from 1 to 1 ½ hours. Although each club is unique, there are some things they and their meetings have in common:

Business: Usually the first part of the meeting, this part of the meeting helps youngsters learn about making decisions, learn effective methods of conducting business using parliamentary procedure, and to develop leadership skills by serving as an officer or committee member.

Program: Presentations by members such as Project talks: Short talks about 4-H projects

Demonstrations: “Show & Tell” presentation showing steps necessary for a finished product.

Illustrated talk: Similar to a demonstration except it tells rather than shows how to do something, charts and visual aids are often used.

Recreation: Organized games, singing; clubs often include refreshments at the end of the meeting provided by club families.

Most 4-H alumni say that learning to talk before a group was the most valuable skill they developed through 4-H. Learning to give talks and demonstrations in 4-H club meetings help 4-H’ers develop self-confidence along with the ability to prepare and give a presentation.

At some time during the year, each member of the 4-H club will have the opportunity to give a talk or demonstration.



PROJECT SELECTION

In choosing a project, a member will consult with his parents and 4-H leader(s). After considering all the projects available and the requirements of each, they should select one based on:

1. Their interests, needs, and capabilities.
2. Their family situation.
3. Suitability of the area in which they live.

October begins the new 4-H project year. 4-H members enroll in a 4-H club by filling out an enrollment card. On the back of the card the 4-H'er checks those projects he or she is enrolling in for the 4-H year. They may or may not be projects taken in past years. 4-H'ers must re-enroll each year. It helps if enrollment cards are filled out and returned to organizational leaders immediately after they are handed out to the 4-H members.

Members enrolling for the first time are encouraged to take only one project. As a member gains in knowledge and experience, the size of the project may be increased and additional projects selected.

The club leader has a project selection guide which gives a brief explanation of each project. Members may also ask the project leader about the project and requirements for it.

Early in their 4-H career, a member should consider developing a tentative project plan to guide them until they are past 4-H age. Sound projects should be continued year after year, with increase in the size of the project when possible. In enrolling for additional projects, a 4-H member should try to include those projects which are related to their other project work. For example, an electric project member may enroll in home environment, woodworking, safety, or automotive projects. If possible, an older member should consider expanding project work to develop a complete farm, ranch, business, or home management program.

The project is the core of the 4-H members' experience. It is the center of many activities and experiences in which members should be encouraged to participate. The experience member will find satisfaction in expanding their project work, in learning experiences of great depth, in career or a vocational possibility, and in learning the "why" behind the "how to do it." Each of these relates to the project the member selects.

4-H PROJECTS

4-H members should take at least one project each year and complete the records for that project. Projects are real-life experiences that help 4-H'ers learn to make sound decisions. Projects put the hands and mind to work.

The project leader will notify members when and where the project meetings will be held. Project meetings are generally held from November through July. Most projects will require at least 4 project meetings and often times more are held.

4-H project work is carried out through many different types of activities and events. These may include:

- * Project meetings – will generally be held from November through July. Most projects will require at least 4 meetings.
- * Regular club meetings (give talks and demonstrations, etc.)
- * Tours and field trips
- * Family activities at home
- * Exhibiting at shows and fairs
- * Record keeping

A member is expected to exhibit at the fair to complete their project. The last day to add or drop a project is May 1.

4-H RECORD BOOKS

Record Books are not required in 4-H in Graham County. However, 4-H'ers are encouraged to keep project records, personal pages, 4-H stories and their permanent record. The Personal pages, 4-H stories and their permanent records are necessary to apply for KAA project awards and achievement pins. The project records also contain information that is important in completing KAA's and achievement pin applications.

- * **Personal Page** – This gives basic information about the 4-H member. A new page is used each year.
- * **4-H Story** – Write about achievements and accomplishments from projects and activities. Younger members may include information on ribbons received as they do not have as many activities to write about. It adds to the story if the member shares the problems he has had in the project and what the member learned from the experience and write about what fun was had.
- * **Permanent Record** – The record is a summary of the year's activities, and events. Several years should be compiled on one record.
- * **Project Records** – Each project has an individual record sheet. A new record is given each year.

Fill out heading of each record as soon as you get your project records. Keep track as the year goes on. Whenever something pertaining to projects occurs, keep track on the 4-H Calendar or in a separate notebook and transfer later.

4-H RECORD BOOKS (continued)

Be sure to write a story and use photos if it is called for. It is nice to write a story if not called for. Be sure to tell of your personal experiences and what you learned in your project.

Check on project objectives. It is a good idea to put in the record those objectives that were met and the goals the member succeeded in accomplishing.

Members old enough to enroll in a leadership project should do so. Many awards are influenced by the leadership record. In leadership, be specific; give examples of what was actually done. Tell what was done, to whom, and give dates.

AWARDS

Project Awards

To be considered for a project award, the 4-H'er must complete a 4-H Kansas Award Application Book (KAA), 4-H permanent record, 4-H story and optional pictures for each project being considered for an award. The personal page must be signed by the 4-H'er, parent or guardian, and organizational leader. The KAA must then be filed at the Extension Office before the designated deadline (usually around September 1st). Graham County KAA's are exchanged with another county where they are judged by the leaders in the exchange county. The leaders determine the top awards given to those 4-H'ers at the county wide Achievement Banquet.

Achievement Pins

4-H'ers may also apply for 4-H Achievement Pins. Applications are available at the Extension Office, and should be picked up at the beginning of the 4-H year (October). The minimum requirements for each are as follows. Selection is based on overall accomplishment and must be approved by the 4-H'ers organizational leader. Applications must be filed in the Extension Office (usually around September 1). You may receive one achievement pin in a year. Each pin may be received only once.

Membership Pins

1. To be awarded at the conclusion of the 4-H year in which you join.
2. Must attend a majority (one over one-half) of the remaining regularly scheduled meetings for your club.

Bronze Pin

1. Exhibit one or more of your projects
2. Attend a majority of the regularly scheduled meetings for your club.
3. Attend one club or county/district event.
4. Complete your personal page and permanent record.

AWARDS (continued)

Clover Pin

1. Exhibit one or more of your projects at a club tour, club exhibit day or the county fair.
2. Attend a majority of the regularly scheduled meetings of your club.
3. Present a program number at a 4-H project meeting, 4-H club meeting, group meeting.
4. Complete your personal page and permanent record.
5. Complete 3 of the 7 optional requirements on the Clover Pin application.

Emerald Pin

1. Exhibit one or more of your projects at a club tour, club exhibit day, or the county fair.
2. Attend a majority of the regularly scheduled meetings of your club.
3. Present a program number at a 4-H project meeting, 4-H club meeting, or group meeting.
4. Complete your current year personal page and permanent record.
5. Complete 5 of the 9 optional requirements listed on the Emerald Pin application.

Silver Pin

1. Exhibit one or more of your projects at a club tour, club exhibit day, or the county fair.
2. Attend a majority of the regularly scheduled meetings of your club.
3. Present a program number at a 4-H project meeting, 4-H club meeting, or group meeting.
4. Complete your current year personal page and permanent record.
5. Complete 6 of the 10 optional requirements listed on the Silver Pin application.

Silver Guard Pin

1. Exhibit one or more of your projects at a club tour, club exhibit day, or the county fair.
2. Attend a majority of the regularly scheduled meetings of your club.
3. Present a program number at a 4-H project meeting, 4-H club meeting, or group meeting.
4. Complete your current year personal page and permanent record.
5. Complete 8 of the 19 optional requirements listed in the Silver Guard Pin application.

Leadership Pin

1. Exhibit one or more of your projects at a club tour, club exhibit day, or the county fair.
2. Attend a majority of the regularly scheduled meetings of your club.
3. Present a program number at a 4-H project meeting, 4-H club meeting, or group meeting.
4. Enroll and participate in the leadership project for the current year.
5. Complete your current year personal page and permanent record.
6. Complete 11 of the 25 optional requirements listed in the Leadership Pin application.

Gold Pin

1. Exhibit one or more of your projects at a club tour, club exhibit day, or the county fair.
2. Attend a majority of the regularly scheduled meetings of your club.
3. Present a program number at a 4-H project meeting, 4-H club meeting, or group meeting.
4. Complete your current year personal page and permanent record.
5. Complete 15 of the 29 optional requirements listed in the Leadership Pin application.

AWARDS (continued)

Gold Guard Pin

1. Exhibit one or more of your projects at a club tour, club exhibit day, or the county fair.
2. Have received a Gold Pin.
3. Enroll and participate in the Leadership project for the current year.
4. Complete the current year personal page and permanent record.
5. Be 15 years old or older on January 1 of the current year.
6. Complete 16 of the 32 optional requirements listed on the Gold Guard Pin application.

Key Award

1. Passed 16th birthday by January 1 of the current year.
2. Complete 9 of the 11 requirements listed on the Key Award application.

I Dare You Award

Only two I Dare You Awards are given in Graham County. The 4-H'er must submit their application and required materials to the Extension Office by the designated date (usually September 1st). The award will be selected by the leaders of the county that Graham County exchanges KAA's with.

1. Must have completed their Junior year of high school during the current year.
2. Submit a letter why you feel you deserve the award.
3. Submit a copy of your personal page.



ACTIVITIES AND EVENTS

Each club will have special activities throughout the year. In addition there are county wide events that 4-H members may participate in.

Officer's Training

This is held for current officers to give them ideas and helpful hints about their jobs and responsibilities. This training is held in October right after the new 4-H year begins.

Achievement Banquet

The banquet is a time of celebration for 4-H members, leaders, parents, and clubs. (Individual clubs may also hold their own achievement night.) The banquet is held in the fall.

County 4-H Club Day

This is an opportunity for members to tell others about their 4-H projects and demonstrate their talents and abilities. It is held at one of the county schools sometime in February or March.

Regional 4-H Club Day

At County Club Day, entries are recognized and then are eligible to compete in this competition. Eight other counties will participate in this event. They are Ellis, Graham, Norton, Osborne, Phillips, Rooks, and Smith.

Spring 4-H Carnival

The 4-H Carnival is one of the main money-making projects held in Graham County. The carnival is usually held in April at the fairgrounds. Each 4-H Club is responsible for setting up and operating some booths at the carnival. This carnival is open to the public.

Family & Consumer Sciences Judging Schools and Contest

There are various contest held during the year. Judging involves solving a stated problem to determine the best solution to the problem. Topics covered are foods, clothing, and home environment. There are junior and senior divisions. Judging skills should be taught at club meetings or project meetings so members know judging procedures.

Livestock Judging Contest

In this contest, the 4-H'ers are asked to rate animals from best to least desirable.

County 4-H Camp

This camp, held during June, is for 4-H members 7-12 years of age. Older 4-H members serve as counselors for the classes and activities. Camp staff and extension agents supervise each camp. The Graham County 4-H'ers camp at Rock Springs Ranch, which is near Junction City, Kansas.

ACTIVITIES AND EVENTS (continued)

County Fair

The County Fair is a great opportunity for 4-H'ers to display/exhibit the things they make. This is a major event where so many people see what 4-H'ers can do.

When the exhibits are judged at the county fair, the "Danish" system of awarding ribbons is used. Each ribbon represents a standard.

- White – Below the average of the group
- Red - Average
- Blue - Above the average of the group
- Purple - Outstanding

There is no quota on the number of ribbons awarded.

Discovery Days

This event is held at KSU the week after Memorial Day. Members, leaders, and parents may attend. The focus of this event is to help 4-H'ers "discover" more about a project area, to strengthen what they are learning in the club, and to share with others. 4-H members must be at least 13 years old to attend.

District Horse Show (July)

Senior District Shows are a preliminary for State Fair Horse Show. 4-Hers 10 years and older compete in performance classes to qualify for the State Fair Horse Show. Must have Horse ID certificate and supporting information in the Extension Office by May 1st.

Kansas State Fair (September)

4-H'ers who receive purple ribbons at the county fair may exhibit in the 4-H division at the State Fair in Hutchinson. The minimum age for exhibitors is 10 (by January 1) in most departments. In addition, 4-H'ers represent our county in style revue, demonstrations, informal presentations, judging teams, quiz bowl teams, and Photo Fun Day.

Kansas National Junior Livestock Show (late September)

4-H'ers can enter beef, sheep, and swine in this show and sale held at the Kansas Coliseum near Wichita, if they meet requirements and quality.

Style Revue

The week or two before the county fair is the 4-H style revue. Members who are enrolled in the Clothing project are eligible to participate. **PLEASE NOTE:** The constructed garments are judged as to the 4-H'ers sewing ability (workmanship). Boys and girls enrolled in the clothing project can model up to 4 purchased garments, 4-H'ers can also participate by making constructed garments or items according to limitations set in the Fair book.

AWARDS AND EVENTS (continued)

National 4-H Week (first full week in October)

A week is set each year to recognize and promote 4-H across the country. Many of our clubs will have some special promotion of 4-H in their community. Information on 4-H is distributed to the media.

4-H Sunday

One Sunday is set aside each year to call attention to and emphasize the spiritual H (heart) of 4-H. 4-H Sunday is recommended to be the first Sunday in October (start of National 4-H Week).

Kansas City 4-H Conference (March)

Youth from Kansas, Iowa, Missouri, and Oklahoma attend this 3-day conference. You must be 15 years old on or before January 1st to be eligible.

National 4-H Congress (November)

Each year, National 4-H Congress is attended by nearly 1500 4-H members from all states and territories. Delegates are state winners in certain project areas.

National 4-H Congress (April)

4-H Delegates from each of the 50 states meet in Washington D.C. to share ideas and plan for future 4-H programs. Kansas sends two to four delegates to the conference.

International 4-H

These programs provide youth aged 12-25 and adults opportunities to learn another culture by living it. Programs include a four week visit in Japan, a six to eight week experience traveling to another country. Adults can spend three to four weeks touring a country to see programs similar to 4-H. Funds for the youth programs are provided by the participants, Kansas 4-H Foundation, National 4-H Council, County 4-H councils, and other Friends of IFYE.

Host Families

Kansas 4-H families can serve as hosts to exchanges coming to Kansas.

Fort Hays Judging School & Contest

Here is an opportunity for you to learn how to judge. The annual Fort Hays judging contest includes: Horticulture, Life Skills, Photography, Crops, Entomology, and Livestock. The contest is usually held in the spring.

Citizenship Washington Focus (June)

Youth from across the nation meet at the National 4-H Center in Chevy Chase, Maryland. 4-H members must be between 15-18 years of age before January 1 to be eligible.

CHECKLIST FOR 4-H FAMILIES

For 4-H Members

Club Responsibilities

Have Done

Will Do

1. Attend regular monthly meetings.

2. Know topic for roll call.

3. Be prepared when on the program.

4. Support and work for your clubs events & activities.

5. Be a dependable committee member for your club
and the county program.

6. Participate in 4-H Day and other county wide activities.

7. Be proud to be a 4-H member.

Project Responsibilities

1. Attend project meetings.

2. Start project work early in the year.

3. Keep records up-to-date.

4. Attend judging schools and contest.

5. Exhibit at 4-H Fair.

6. Complete projects and record book on time.

CHECKLIST FOR 4-H FAMILIES

For Parents

“My Part as a Parent”

Have Done

Will Do

- | | | |
|-------|-------|--|
| _____ | _____ | 1. Responsible for getting my children to club and project meetings. |
| _____ | _____ | 2. Know 4-H meeting dates, marking them on the 4-H calendar at the beginning of the year. |
| _____ | _____ | 3. Attend monthly meetings with children. |
| _____ | _____ | 4. Willing to take short-time responsibilities such as:
Furnish transportation for tours and other activities.
Help with picnic and swimming parties.
Share refreshment responsibilities.
Help on community project and help on parents night. |
| _____ | _____ | 5. Encourage my child in project work, and guide, but not do the work for them. |
| _____ | _____ | 6. Encourage my child to participate in demonstrations, judging, exhibits, and tours. |
| _____ | _____ | 7. Encourage my child to keep records up-to-date and to complete them on time. |
| _____ | _____ | 8. Give some time to learning project requirements and seeing that members of my family meet them. |
| _____ | _____ | 9. Back organizational and project leaders and cooperate with them. |



A Family's Guide to 4-H



THE PURPOSE OF THIS BOOKLET IS TO ACQUANT YOU, THE FAMILY, WITH GRAHAM COUNTY 4-H. SPECIFICALLY WITH:

1. **How your children will benefit.**
2. **How 4-H operates**
3. **The background of 4-H**